

Message From The President

By the time you read this message, the winter term will be well underway and we will all be at full throttle with our various tasks and projects around the campus. We have every reason to take pride in our accomplishments here at St. Thomas University, and I would like to quickly review some of the many successes we have had over the fall term. By most standards, the Fall 2003 semester was one of the most gratifying and successful in the recent history of St. Thomas University.

At the beginning of term we enjoyed a smooth and well orchestrated registration and class assignment process due to a successful enrollment management strategy. We were also very pleased to welcome 10 new faculty members to our existing complement. We also celebrated the successes of our existing staff; no fewer than seven of our

faculty had books published this fall. In other research initiatives, we were notified that St. Thomas, in partnership with three other Maritime universities, will receive \$1 million to launch the Atlantic Metropolis Center of Excellence for research relating to immigration.

There were three significant developments regarding our Journalism Program. We formally launched our partnership arrangement with CBC Fredericton which gives our students the opportunity to participate in workshops with some of the country's best journalists and to network with professionals in the field of broadcast and print journalism while attending classes in the CBC facility on Regent Street.

We also held the annual Dalton Camp Lecture which was recorded for broadcast by the CBC program, "Ideas". Our featured speaker was Joe

Schlesinger who drew an audience of 300 plus.

We also announced that our Journalism Program will officially co-host the prestigious 2003 Atlantic Journalism Awards competition. The awards will be presented on Saturday, April 17, 2004 in Halifax, Nova Scotia.

We have enjoyed two special events this term – our St. Thomas Aquinas Day celebration on January 28th and our annual Gala Dinner on January 31st. This edition of Transitions will provide more information on both of these important events and other news around the campus.

In closing, I would like to wish you a successful and productive winter term, and I look forward to seeing you at our upcoming events.

Dr. Daniel O'Brien,
President and Vice-Chancellor

Millennium Scholarship Winners announced



Rick Myers (centre) with Rebekah Lewis and Mark Zinck

Two St. Thomas University students have been awarded Millennium Scholarships, valued at \$4,000, for outstanding academic achievement, community service, leadership and for their interest in innovation. Rebekah Lewis, 20, of New Maryland, N.B., is a third-year social work student and Mark Zinck of Sydney N.S., 21, is a third-year psychology major. Rick Myers, centre, is Vice-President, Academic, St. Thomas University.



Transitions is prepared by the Office of Communications and Media Relations and is about the faculty, staff and students of St. Thomas University. Your comments, suggestions and contributions are welcome. If you have story ideas or articles to contribute please contact either Mary McIntosh (452-0522) or Tami Hill (452-0645) in the Office of Communications, Room 105, George Martin Hall, St. Thomas University, Fredericton, NB, E3B 5G3.



Gala Dinner

St. Thomas University's fifth annual Gala Dinner, held on January 31st, will continue to benefit students in financial need.

Every dollar raised by the Gala Dinner quickly multiplies. The University matches every dollar raised, and in addition, the Province of New Brunswick contributes 50 cents on every dollar. This year's Gala Dinner raised a total of \$70,000 which will provide \$500 bursaries for dozens of students in financial need.

This year, the Gala Dinner was held at the Delta Fredericton (formerly the Sheraton Fredericton) and those who attended the dinner were rewarded on several levels. In addition to making a difference in the lives of many students, guests enjoyed an elegant dinner, performers, exciting auctions, and dancing to the big band sounds of The Thomists – a beloved tradition at St. Thomas.

True to its practice of featuring outstanding guest performers, the 2004 Gala Dinner featured East Coast Music Award winner and Florenceville native Eleanor McCain.

St. Thomas University's annual Gala Dinner was held on January 31. Above, Lieutenant Governor of New Brunswick, Herménégilde Chiasson presents the toast. Below, Valerie O'Brien, Chair, Gala Dinner Committee; Wendy Robichaud; fourth year St. Thomas student and recipient of a millennium bursary; Eleanor McCain, featured performer; and Dr. Daniel O'Brien, President



Feast of St. Thomas Aquinas

Students, faculty and staff recognized the Feast of St. Thomas Aquinas and celebrated the spirit of St. Thomas University on Wednesday January 28, 2004. The Feast of St. Thomas Aquinas honors the memory of the 13th century philosopher and theologian who is widely recognized as one of the foremost thinkers of all time. He is the patron saint of Catholic schools and scholars.

The day began at 8:00 a.m. with complementary refreshments and entertainment in the courtyard in a large, roomy and heated tent pitched in front of George Martin Hall. At 11:30 a.m. a liturgy and eucharist celebration was held in the chapel and at 4:00 p.m. the Aquinas Lecture entitled, "Aquinas and the Defence of Ordinary Things: What Common Men Call Common Sense" was presented by Dr. James V. Schall, SJ, Professor at Georgetown University. A ceremony for conferral of T-Rings for graduating students was held at 5:15 p.m with a reception afterwards. Ring holders were invited to attend the STU vs. UNB Mark Jeffrey Memorial Hockey Game at the Aitken University Centre as special guests that evening.



*Photos by Lacy Green,
4th Year Journalism*

STU student awarded Rhodes Scholarship

St. Thomas University student Matthew Carpenter has been awarded a prestigious Rhodes Scholarship worth \$100,000 to study at Oxford University in England.

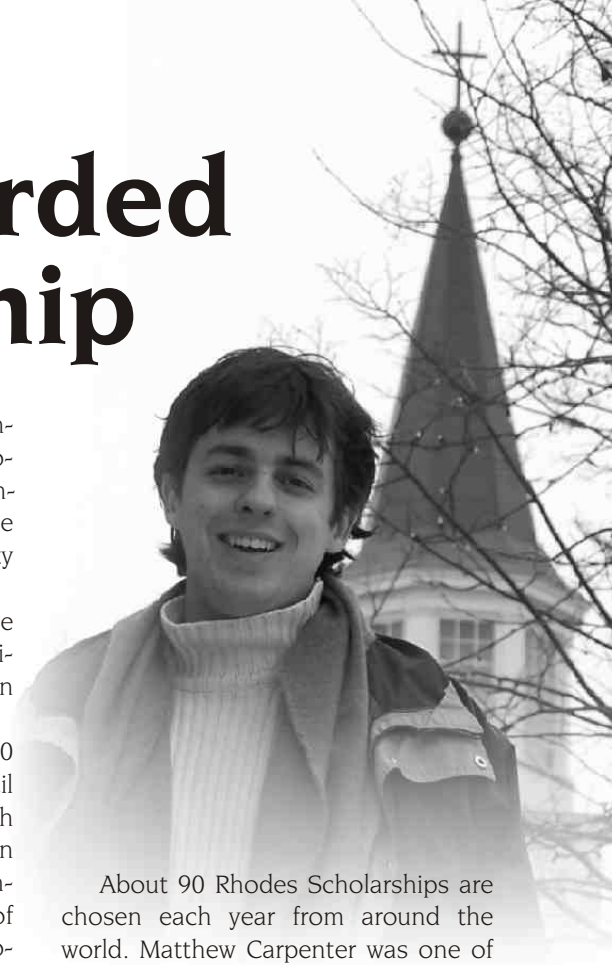
Mr. Carpenter, 22, is the son of Paul and Corinne Carpenter of Saint John. He attended St. Malachy's High School and graduated from St. Thomas in May 2003 with a double honours in English and Spanish literature.

While studying at St. Thomas he was on the Dean's list every year, from 1999-2003, and was awarded the Tom McCann Memorial Trophy 2002-2003 which is presented to senior students who demonstrate outstanding leadership ability and character.

After graduation in May, Mr. Carpenter worked in Ecuador on a building project for farm families in the Andes mountains. He is currently employed at the Harriet Irving Library on the University of New Brunswick campus.

At Oxford, Mr. Carpenter says he plans to pursue a masters degree in philosophy, specializing in Latin American literature.

The scholarships are more than 100 years old, and were started by Cecil Rhodes, the empire-builder of British South Africa. Winners are selected on the basis of their academic performance and integrity of character, a spirit of unselfishness, respect for others, potential leadership, and physical vigour.



About 90 Rhodes Scholarships are chosen each year from around the world. Matthew Carpenter was one of 11 Canadian winners.

ATV Media Scholarship

by Julian Walker, Lecturer, STU Journalism

A native of Rwanda who speaks four languages and came to Canada seven years ago with her family is the winner of the ATV Media Scholarship at St. Thomas University.



In a presentation ceremony on Wed, February 4th, St. Thomas President Daniel O'Brien praised third year student Solange Tuyishime as a very deserving recipient of the \$6,000 scholarship for the current academic year.

"This scholarship is vital in supporting the efforts of promising young journalists to further their careers," said Dr. O'Brien.

Brian Lewis, Station/Sales Manager for ATV/CTV New Brunswick, also praised Ms. Tuyishime. "I understand Solange and her family have shown great courage in leaving their native Rwanda and making a new home here in Fredericton. Solange shows great promise in her career, and she is a very well-rounded citizen as well."

Dr. O'Brien also praised the contribution of ATV News in making the award possible. "This sort of generous

scholarship is an investment in the future of not one student, but also in our readiness as a community to participate fully in our whole information-based society."

Ms. Tuyishime, a third year journalism student, speaks English, French, Swahili and Kinyarwanda. An accomplished athlete in soccer and a soccer referee, Solange is also well known in the local area for her performances of various forms of traditional African dance.

The ATV scholarship is awarded to a third year student either in a Bachelor of Arts in Journalism programme or a Bachelor of Applied Arts in Journalism, who demonstrates an interest in television journalism, with preference given to a student who is a member of a visible minority or the Aboriginal peoples, or is a person with a disability.

Brian Mulroney Scholarships awarded to STU students

The Brian Mulroney Scholarship in Public Policy and Journalism has been awarded to two journalism students at St. Thomas University, in Fredericton, NB.

Carole L. Morris from Windsor, NS, and Heather A. Ogilvie of Dartmouth, NS, received the newly-established \$8,000 scholarship for 2003 - 2004.

The Brian Mulroney Scholarship in Public Policy and Journalism is awarded to journalism majors with excellent academic standing who demonstrate an interest and aptitude for public policy journalism. Recipients who are in their third year and who maintain an excellent academic standing may renew their scholarship in their fourth year.

Carole, a fourth year student, is currently news editor of the student newspaper, *The Brunswickan*. She is in her final year at St. Thomas and says she plans to work as a writer and hopes to travel and tell "amazing stories."

Heather, who is in her third year, plans to pursue a career in investigative journalism and is interested in politics and academic research. Her award is renewable for 2004-2005.

Freedom Forum International Inc. created the scholarship to honor former Canadian Prime Minister the Right Honourable Brian Mulroney, who is a Trustee of the Forum. Freedom Forum International Inc. is a nonpartisan, international foundation, which supports the education and professional development of journalists.

The scholarship is named after one of St. Thomas University's most distinguished alumni, the 18th Prime Minister of Canada. Brian Mulroney served almost nine years as Prime Minister. He graduated from St. Thomas College after completing his high school program in 1955. At that time the College was located in Chatham, New Brunswick.



Carole L. Morris



Heather A. Ogilvie

NBActs receives Canada Council Grant to produce play by STU student

NBActs has received a \$10,000 Canada Council Grant to develop and produce a play written by STU student John Barlow.



John Barlow and Ilkay Silk

NBActs is a summer theatre festival founded jointly by St. Thomas University and the University of New Brunswick to show case and develop the work of New Brunswick theatre artists and students.

This year the company applied for a Canada Council grant to develop a play entitled "Inspiration Point" by fourth-year student John Barlow.

The \$10,000 grant will be used to hire actors and to help with production costs. Ilkay Silk, Drama

Co-ordinator at St. Thomas University will direct the play and Colleen Wagner, who won the 1996 Governor General's award for drama will dramaturge the script.

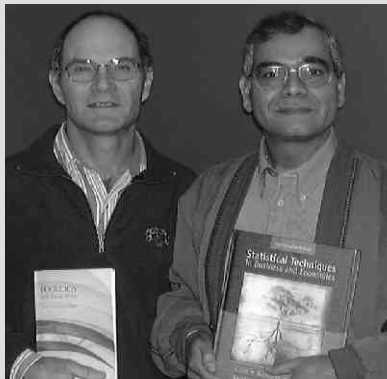
"This grant and this collaboration is a wonderful opportunity for John to get his work produced at a very professional level," said Silk. "We are all immensely excited about the prospect of working on his play."

For more information, contact STU Theatre Director, Ilkay Silk at 452-0605.

STU Book Launches



Dr. Lance Callahan, Dr. Ian Nicolson, and Dr. Rosemary Clews,
Assistant VP Academic



Dr. John Coates and Dr. Satya Dev Gupta



Dr. Craig Proulx

St. Thomas University held the following receptions to celebrate the publication of books by faculty members:

September 19, 2003 –

"New Year in Cuba: Mary Gardner Lowell's Travel Diary, 1831-1832" by Karen Robert, and "Memoriales a pura tripa. Pretéritos que se resisten a ser pasado" by Omar Basabe

October 3, 2003 –

"Ecology and Social Work: Toward a New Paradigm," by John Coates, and Satya Dev Gupta's co-authored "Statistical Techniques in Business and Economics"

October 17, 2003 –

"Reclaiming Aboriginal Justice, Identity and Community," by Craig Proulx

November 28, 2003 –

"In the Shadows of Divine Perfection: Derek Walcott's Omeros" by Lance Callahan, and "Inventing Personality: Gordon Allport & the Science of Selfhood" by Ian Nicholson.

Narrative Matters 2004

by Bill Randall, Dept. of Gerontology

St. Thomas faculty and students are taking the lead in planning an interdisciplinary conference on narrative approaches, perspectives, and issues across the social sciences and humanities. Scheduled for May 20-23, 2004 at the Delta Hotel, Fredericton, and funded in part by SSHRC, "Narrative Matters 2004" will bring together 200 theorists, researchers, and practitioners from a dozen countries and broad range of disciplines to present papers, roundtables, and workshops that explore the role of "story" in all aspects of human life.

Each keynote speaker is an expert on narrative. Mark Freeman, PhD, is

Professor in Human Nature, Ethics, and Society at College of the Holy Cross, Worcester, Mass. His book, "Rewriting the Self: History, Memory, Narrative" received the Alpha Sigma Nu National Book Award in 1994. He will speak on "Life and literature: Continuities and discontinuities."

Sharon Butala, OC, is author of "The Perfection of the Morning" which was #1 on the Canadian bestseller list for a year. Shortlisted twice for the Governor General's Award, she will speak on "The memoirist's quandary: Turning life into narrative."

Tone Kvernbekk, PhD, Associate Professor of Philosophy of Education at

the University of

Oslo, researches the nature of educational theories, their applications to practice, and experiential learning. Her PhD thesis from 1994 won His Majesty the King's Gold Medal. She will speak on "Narratives and reality: What do narratives tell us about the world?"

For more information on "Narrative Matters 2004" including fees plus the main conference program and the special pre-conference workshops (Thursday, May 20), please check our website: www.stu.ca/conf/narrative



St. Thomas a lead institution for the Atlantic Metropolis Centre

St. Thomas University will be one of the lead universities of a new research centre in Atlantic Canada which will receive more than \$1 million in federal funding over the next three years which has been established to study immigration and diversity issues.

"This new research centre is significant because it increases the quality of life of people in the region when diverse groups live here," said Dr. Rosemary Clews, Assistant to the Vice President Academic, responsible for Research and Faculty Development. "Immigrants are also needed for economic sustainability in the region. Research conducted in the Atlantic Metropolis Centre will provide a sound basis for policy about immigration."

Dr. Clews is the lead contact for the Centre, Dr. Michael McGowan is the lead in Human Rights and Social Justice and Dr. Heather Richmond is the lead in Education at St. Thomas University.

The Atlantic Metropolis Centre will stimulate, promote and support productive partnerships among academic, government and non-governmental organizations in pursuing policy-relevant research agendas related to immigration, population migrations and cultural diversity. It will build linkages with the existing Metropolis centres in Montréal, Toronto, Edmonton and Vancouver.

It was created following extensive consultations in the Atlantic region over the past three years. The Centre will pursue research agendas identi-

fied as distinctive to the region in both official languages. The twin administrative sites in Moncton and Halifax, and the large concentrations of the Acadian French-speaking population in the Atlantic region will stimulate interaction between these communities, as well as among the diverse language communities of its immigrant population.

The Atlantic Centre will have two administrative nodes, one in Halifax and the other in Moncton; four lead universities (Dalhousie, Saint Mary's, the Université de Moncton and St. Thomas University); and a distributed model of operation that will facilitate participation by universities, non-governmental organizations and government workers from across the region.

St. Thomas University partners with Atlantic Journalism Awards

St. Thomas University's journalism department will organize professional development workshops for the Atlantic Journalism Awards (AJAs) in April 2004 and Fredericton will host the awards in 2005. The joint announcement was made by the chair of the Atlantic Journalism Awards, Gerry Phelan and Dr. Richard Myers, Vice-President, Academic for St. Thomas University in Fredericton, NB.

"St. Thomas University has joined the AJAs as a Strategic Educational Partner bringing a new and exciting dimension to the Atlantic Journalism

Awards program," said AJA chair Gerry Phelan.

"The University wanted to participate, and to contribute more actively to the Atlantic journalism community, and partnering with the AJAs was a natural and positive step," added Dr. Myers of St. Thomas University. "We are also interested in hosting the awards, and have agreed to stage them here, in Fredericton, in the spring of 2005."

The workshop portion of the annual Atlantic Journalism Awards will be held during the day, on Saturday April 17 at the Casino Nova Scotia Hotel, to coin-

cide with the annual awards program that evening. The sessions will be under the direction of Mr. Philip Lee and staff of the journalism department of St. Thomas University. Details on the upcoming sessions for print and broadcast journalists will be announced at a later date with the names of the key national journalists who will be invited to conduct the seminars.

The Atlantic Journalism Awards is supported by the following organizations – Strategic Partners: Aliant, and St. Thomas University; Partners: Atlantic Lottery Corporation, Canada Post, Emera, Moosehead Breweries; Supporters: AVW Telav, Sobeys, Sony, Special Contributor: Canada NewsWire. In Kind contributors are: Air Canada, Casino Nova Scotia Hotel, DSV Video. The 2001 Media Partner was The Daily News and Media Supporters were CBC-Radio Canada and The Herald.

Connected Campuses

by Jennifer Dunville

There's a new course at St. Thomas University and it has people all over the world talking about it. Last semester, "Economic and Political Integration in the Americas" was taught in Texas, Chile, Argentina and New Brunswick at four universities which are members of the International Council of Universities of St. Thomas Aquinas (ICUSTA).

The course was offered for one semester and was divided into twelve modules or sections. Houston, which has a sophisticated online course management system, offered to host the online course. Dr. Joseph Masciulli, who teaches human rights and political science taught the course at St. Thomas.

"My modules were focused on three things – Political Integration Theories in relation to globalization, a critical perspective on the North American Free Trade Agreement (NAFTA) from the labor and environmental perspectives and the political problems of the Free Trade Area of the Americas (FTAA)."

The course, and the discussion groups were con-

ducted online, with 14 students in Fredericton attending weekly classes.

"There was only one challenge with this course," Dr. Myers says. "There were two English countries and two Spanish countries, but it was handled really well. Houston provided full translation on-demand for the online discussions and usually there were a few students who could help out with translation."

Michelle Arevalo, a fourth year student, particularly liked the course because she was one of the few students who could speak both languages. "I felt that I had a special place in the class because I could help with translation, and I could also understand both sides of the debates."

Dr. Myers says although this was the first year for the course, he hopes that it will not be the last. Both he and Prof. Masciulli believe that this is the kind of cutting-edge course that liberal arts universities need to offer to embrace computerized learning while stressing critical thinking and a global perspective.

Funding Announcement – Student Advisors

The provincial government is contributing \$150,000 to establish a new program at St. Thomas University which will help students improve their academic performance and reduce drop-outs. The new funding for Student Services was announced at a news conference in the Rotunda of Brian Mulroney Hall on January 27, 2004.

"This initiative will keep more New Brunswick university students in class and help them complete their educational program and obtain a degree," said Education Minister Madeleine Dubé. "In turn, New Brunswick will benefit from an improved rate of retention of university graduates and a better-educated society."

"This funding will help us to provide academic advice and counselling to

students who need help with the challenges they encounter while attending university," said Dr. Daniel O'Brien, President of St. Thomas University. "I am very pleased that the Province has agreed that this is a worthy and valuable program."

Dubé said the initiative developed by St. Thomas University lines up well with one of the goals of the province's Quality Learning Agenda, which is to

see more students choosing and successfully completing post-secondary studies. The \$150,000 provincial contribution is from a Special Projects Fund allotted annually to support projects that are of strategic importance to the university sector and the province in general.

The total cost of implementing the Academic Advising Program at St. Thomas University over the next three years is \$618,700. The \$150,000 contribution from the province is the amount requested by the university.



Dr. Daniel O'Brien and Education Minister Madeleine Dubé respond to questions from the media.

Daniel O'Brien awarded Doctor of Letters

by Stephen E. Patterson – May 2003
University Orator, University of New Brunswick

For forty years, the University of New Brunswick has shared this campus with St. Thomas University. In many ways, the two institutions co-operate, in other ways they compete, yet in every way, the relationship is neighborly and collegial. In no small measure, the success of that relationship is owed to Dan O'Brien, president of St. Thomas since 1990. He has been not only a good friend to UNB but also a remarkably successful leader who has transformed St. Thomas into a vibrant and exciting seat of learning.

Before coming to Fredericton, Dan O'Brien distinguished himself as a student, teacher, and scholar. He has a bachelor's degree from St. Mary's University, a masters from the Maritime School of Social Work at Dalhousie, and advanced graduate credentials from the University of Toronto and the University of Pennsylvania, where he was awarded his doctorate. His expertise is in social planning, and he has more than twenty book-length research monographs to his credit in addition to numerous articles and book chapters. He has presented more than 70 papers at conferences near and far, and has been recognized for his achievement with scholarships, research grants, and special honours. Before coming to Fredericton, he taught at Dalhousie University for twenty-one years where he eventually became Director of the School of Social Work and Associate Dean of the Faculty of Health Professions. He had impeccable credentials and an enviable track-record when he and his wife Valerie accepted the challenge to lead St. Thomas into the twenty-first century.

Dan O'Brien's accomplishments at St. Thomas are the stuff of legends. He has revamped almost every administrative office on campus, added new aca-

demic programs, doubled the physical space available for residences and teaching, conducted two highly successful fund-raising campaigns – each surpassing its target – and drawn national attention for the percentage of budget allocated to student scholarships. In a period of little more than ten years, he has spent a staggering \$30 million on new construction and renovations, and has produced operating budget surpluses in every year of his presidency. Moreover, he has transformed a Catholic University by broadening the curriculum and reaching out to non-Catholic students, while maintaining the Catholic identity of the institution and redefining the role the Church continues to play in campus life. The test of his achievement is the high regard with which he is held by his staff and the professoriate, the students, and the alumni. His colleagues like him, and recognize the strength of his commitment and the visible transformation he has made in the University.

What Dan has contributed to Fredericton and the larger community is equally impressive. He brought with him a reputation for community service in Nova Scotia that included the presidency of the Nova Scotia Association of Social Workers, work with Family Services, the Drug Dependency Commission, Group Homes, and others. In Fredericton, he has continued to volunteer his time to such agencies as the Greater Fredericton Economic Development Corporation, the Region III Hospital Corporation, the United Way, and Team Fredericton. And throughout his career, he has served on professional associations at the regional, national and international levels.

In almost every way, Dan O'Brien is our cooperative and congenial partner on this campus. We overlook, for the moment, his fiercely partisan attachment to the Tommies hockey club. Even that we acknowledge as a friendly rivalry. Above all, we have enjoyed the warmth and down-to-earth friendliness of his style, a characteristic he shares with his wife Valerie. Together, they have enriched the lives of all who live and work here. We at UNB greet him today as colleague, neighbour, and friend, and we salute him, both for his long and accomplished career and for his outstanding achievement as builder and leader of a revitalized St. Thomas University.



The Go-to Guys

by Jennifer Dunville, 3rd Year Journalism

Hunting, beautiful carpentry, fishing, general maintenance, four-wheeling, and St. Thomas University. The connection? Two guys who call themselves "country men" from Burton, New Brunswick. Kenneth Gordon and Mike Harnish are amiable and content. They like their outdoor hobbies and enjoy their work at St. Thomas.

As maintenance men, Ken and Mike are responsible for most of the repairs on campus, even in the residences, which includes more than 400 rooms. They paint, renovate, do general construction and help out at STU convocations, but they are mostly known for their carpentry work.

Fred Wallace, facilities and purchasing manager of University Services, says Ken has demonstrated his craftsmanship since he began working at St. Thomas in 1994.

"He does beautiful cabinet work. He makes bookcases, computer desks, and wonderful STU podiums," says Fred. "The computer desks are probably what he's most known for. It's a bookshelf with a computer desk build right into it. It's incredible."

Ken says it's sometimes easier to say what they don't do. "I don't cut grass and I don't teach. Other than that, I do everything, or at least make an attempt at it."

Mike, who has worked at STU for the past five years and was hired full-time in July, helps Ken with the carpentry, but says he does more of the repairs than he does the carpentry. Mike says he likes his job and his outdoor hobbies for much the same reason.

"There's something different to do all the time," he says. "You never get bored."

Mike and Ken often work side by side at STU, but more often these days they're working on completely different projects.

"Mike has a great ability to adapt to things," Ken says. "He's very willing to try and if you ask him to do something he'll give it his best. If there's something

he doesn't quite know how to do I'll show him, but he's getting so that most of the repairs and stuff he does himself."

Mike says STU has a good worker in Ken too. "Ken's always here when they need him and he works hard. We work pretty well together – we get along. He may even be my father-in-law someday."

The two men maintain a good working relationship, are well liked in the department of University Services, and Fred says they are also well liked by the students and faculty.

"They are easy-going and cooperative," Fred says. "They're not clock watchers. If it's four o'clock and they are not done, they'll stay until they finish. Between the two of them, I'm confident they've saved the University a pile of money in repair costs and things like that because of their ability to do just about anything we ask of them. No task is too big or too small."



The STU Maintenance Team:
Kenneth Gordon and Mike Harnish

"Good Sports" on and off the Ice – STU Women's Hockey Team

by Jennifer Dunville

The St. Thomas University Women's hockey team is generous with their time and talent. They donate a portion of their fundraising to breast cancer research and coach younger female hockey players in Fredericton.

"These girls are role models both in and outside of hockey because they are pursuing a higher education, enjoying hockey and giving back to the community," says Peter Murphy, Head Coach of the Women's Hockey team.

Last year when Mr. Murphy became coach of the team he brought with him a fundraising idea called "Chuck a Puck" that would meet both the needs of the team, and give them a chance to donate to a charity of their choice.

"Chuck a Puck isn't a new idea, but it is a good fundraiser," he says. "We set up a table at the men's hockey games and sell the pucks for a couple of dollars," he says. "During intermission people throw their pucks and whoever gets their closest to the center circle wins half of the money raised. The other half is divided between charity and the women's team. Last year the team raised \$280 just for charity."

Natalie Oake, Captain of the Women's team, says the Canadian Breast Cancer Society was a logical choice for the team since breast cancer affects so many women.

"We really liked the idea of contributing to something as a team," says Natalie. "In previous years we had donated to the 'Terry Fox Run', but this year we decided on the CIBC 'Run for the Cure'. Many of our team members have either been directly affected by breast cancer or know someone who has. Coach Peter lost a friend about a year ago to it so we knew he would also be pleased with our choice. It just made sense to donate to that particular charity."

Besides this annual fundraising the team has a couple of sessions for younger hockey players.

"We want young girls to see the potential of women's hockey," Natalie says. "We do some drills with them, give them some hockey tips and basically provide them with a chance to play hockey with other girls."

Whether the team is fundraising, teaching kids, or playing hockey, Natalie says they're having a good time and feel good about what they are doing.



The STU Women's hockey team at the "Run for Cure"

Coach Murphy says seeing the reaction of the community assures him these team activities will continue for many years.

"This year we've even had some people donate back their winnings from our 'Chuck a Puck' and that's very encouraging. It's really great to see that kind of attitude in the team and in the community."

For more information or to help the "Friends of STU Women's Hockey" please contact Peter Murphy at pmurphy@stu.ca



Goodbye Fredericton, Hello Malta

by Melissa Lombard, 4th Year Journalism

Brad Clark is leaving Fredericton and the familiar green and gold of St. Thomas University, for the honey-colored stone and deep blues of the Mediterranean and the University of Malta. He leaves in February for a semester abroad.

Malta, the "Heart of the Mediterranean", is located in southern Europe, just south of Sicily, Italy. Brad decided to participate in the exchange when he saw how others benefitted from the program. He also knew it would give him a great opportunity to immerse himself in another culture and to learn their language and meet their people.

"There is no better forum to do that in than a university exchange program because you get an extended period to immerse yourself in that foreign context," says Brad.

Brad is eager to begin his exchange because of all the educational prospects available in Malta. Malta is home to the Oral History Center for Mediterranean Research. Brad, a History honors student interested in oral history, says this is one of his main reasons for choosing this Mediterranean island. He plans to conduct research at the Center, and is excited about the prospect of hearing recorded oral testimonies of living through the war.

"I may do an amateur undergraduate thesis just before coming back," he says.

Brad is the first student to be sent to Malta since the Winter of 2000. No

Maltese students have come to Canada; therefore it is financially difficult for the University of Malta to accept Canadian students. This year they agreed to accept one student for a single semester.

Coordinator of Student Advising, Shauna Stennick, says that she has been in contact with Maltese students who would like to come to Canada and she hopes they do apply.

"Until we can have an equal exchange we will not be able to consistently send STU students to Malta," says Ms. Stennick.

St. Thomas has 13 exchanges around the world, with Malta and Australia being the most popular because they are English-speaking and tropical. This year has been a successful one for the exchange program, with students coming from Sweden, Australia, Chili and China.

Ms. Stennick says that students are attracted to the English as a Second Language (ESL) program at St. Thomas.

"Students are looking for diverse international experiences these days, so our exchanges with schools in Japan and Chili are becoming more active, which is really exciting," says Ms. Stennick.

Brad feels the benefits far outweigh the obstacles he might face such as the currency exchange, traveling alone, and communicating in English. However, he feels his independent attitude will help him overcome these obstacles.

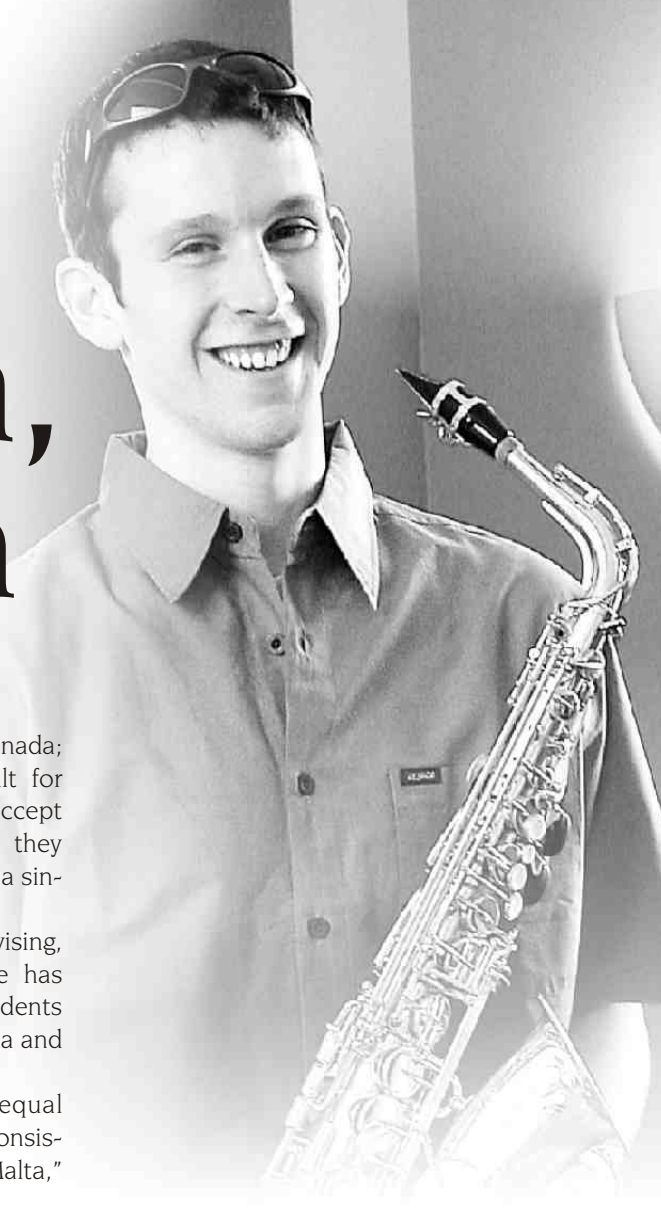
"I'm pretty independent, so I am not worried about making friends or anything of that nature," he says.

Along with an amazing cultural experience, Brad hopes to maintain his high academic standing. He will take four courses to allow him to take in all that the experience offers, and preserve his Dean's List status.

"I will have to maintain a certain educational level because I am representing STU over there," Brad says. "My performance will dictate whether other students will be able to pursue this avenue in the future."

Brad would like to extend his time abroad, by traveling to France and other parts of Europe and believes this experience will benefit him for the rest of his life.

"It will be a big asset because it demonstrates that I do have international experience and a global perspective."



STU Members at Sea

by Jennifer Dunville

In the middle of the Atlantic Ocean Leading Seaman Vallis has seen a lot of things including beautiful sunsets and whales and dolphins playing in the waves of the ship.

The last thing she expected to encounter was a professor from St. Thomas University.

After graduating from Harbour View High School, Kate Vallis decided that she wanted to join the Navy which would allow her to fulfil her desire to travel and still complete her university education.

"I'd never traveled before. I grew up in a very small place. The Navy would not only give me the opportunity to travel – it would also teach me valuable skills and pay part of my University tuition."

After her first year of university, Kate took additional training in survival skills, earning a Trades designation and the title of BoatSwain.

"The Bosn' or boatswain is someone who knows the basics and as you learn more specific skills you get your trades qualification. This past summer I was placed on a ship. That isn't normal for people in the reserves, but they were short staffed so I went along."

Kate's shifts included steering the ship, working with weapons, and being a look-out on deck.

Meanwhile, another program was being held on board ship.

The Canadian Forces Parliamentary Program provides an opportunity for Canadian parliamentarians to learn more about the Canadian Military and to show them what life is like for enlisted personnel in the Army and Navy.

Senator Noël Kinsella was in his office at St. Thomas University when information about the program came across his desk.

"I thought it was a great idea so I signed up and opted for the Navy since I had already been in the Army," noted

Dr. Kinsella. "I was placed on one of the fourteen frigates –

The HMCS Ville de Québec. As soon as I

was on board I found out I was the only Senator that joined up for the program!"

According to Dr. Kinsella, the program was rigorous and he was assigned to a different department of the ship each day. One day he was assigned to the deck to help make the rounds.

"In different parts of the ship there are people placed as 'look-outs'," observes Kinsella. "They are in charge of reporting other ships, wildlife and debris that could hurt the ship. I saw a sailor looking through spyglasses and I asked her if she had any sightings. We soon began to chat."

By happy coincidence, the sailor was Leading Seaman Kate Vallis, who was happy to speak with someone during one of her shifts.

"He asked what I did when I wasn't in the reserves and I explained to him that I was in my fourth year at St. Thomas University in Fredericton," she says.

"I had to laugh," says Kinsella. "Here I am in my 39th year at St. Thomas University as a professor and I've met our students in many different parts of the world, but this was the first time to meet one in the middle of the Atlantic Ocean."

Kate says this chance meeting is one of the things she really enjoys about the Navy. "When you're so far away from home it's nice to meet up with someone who is equally far from home," Kate says. "It gives you something in common."

In the Fall, Kate returned to St. Thomas to finish her degree and she has since been promoted to Leading Seaman in the Navy.

Dr. Kinsella still has a good laugh when he thinks about his chance encounter with another member of the St. Thomas community.

"I remember being tickled pink meeting someone who was not only going through such a tremendous life experience with the Canadian Navy, but who was also from the same University," says Kinsella. "Incredible! Bumping into each other in the strangest of places. I'll never forget it."



Senator Kinsella (middle) with two members of the Canadian Navy



The Marathon Man

by Jennifer Dunville

Professor Tony Tremblay doesn't fit the stereotype of a professor. He doesn't avoid physical activity for intellectual pursuits. Instead he combines both in a tough schedule of workouts, training goals, and academics.

"The most important schedule I follow is the academic schedule," he says. "It dictates my teaching and my research. The other major one I follow is my training schedule. It begins January 1st. I train January, February and March for an April or May marathon. I train everyday. I don't do much else. I have my work, my teaching, my writing, my family and my running. Those things take up most of my time, but I wouldn't want it any other way."

Tony became an Associate Professor at St. Thomas University in 1996 and his research ranges from Cultural and Media Studies to Canadian Literature. In the last five months he has also run in three marathons.

So far, he has run in 21 marathons. The marathon he ran in October in Mount Desert Island near Bar Harbor was the first Severe Marathon he's ever run in. There are five categories for marathons: Qualifying (the course is flat), Personal Best (you try to run your best time), Rolling Hills (a few hills), Hilly (a lot of hills), and Severe.

"In a Severe Marathon there are two directions; up or down," Tony says. "In Mount Desert Island's Acadia National Park some of the hills go up 1000 feet, and then you crest for maybe 50 feet, and go down for 900 feet. The whole course is like that. It's tough, but a lot of fun."

Most people would find these marathons grueling, but Tony says he finds all aspects of his running fun, from the training to the actual marathons.

"There's nothing I like more than to go on a nice three-hour run early Saturday morning all by myself," he says. "I can get more head work done

on a three-hour run just thinking about what I'm writing about or what I'm doing in my classes. I always find solutions in the middle of a three-hour run."

Tony runs half marathons, five kilometer runs and ten kilometer runs, but he really enjoys the full marathons. Full marathons are 42.2 kilometers long. In 2003, he ran over 3600 kilometers.

"You have to train for it," Tony says. "You can't just roll out of bed and run a full marathon. Like everything else you have to work for it."

Despite the hard work involved Tony says for him running is a form of meditation. "Running is a wonderful release from the tensions of this job and it's a wonderful opportunity to connect with other people who share a love of running. It's a quiet time; a time for regeneration."

Though Tony has done well in the marathons he's run in, including placing in the top 10 per cent in his first Severe Marathon, he says his running isn't really a public thing. Most of Tony's students don't even know he is a runner, but he says there are some days when he is sure they could figure it out.

"They must know I run when I come into the class the day after a marathon and I can't stand up," he says. "But I guess if I told them, most of them would be surprised."

At the beginning of January, with the support of his wife and close friends, Tony started training for the Boston Marathon in April. During his training he's happy to have the cold weather saying that running twenty miles in minus thirty-five degrees is about as rewarding as running gets.

"It becomes addictive," he says. "There is physiological evidence that people get hooked on the endorphins that are released in running, but I don't know if I'm hooked on endorphins as much as I am on the psychology of it.

How good it feels. I mean it's not like eating a cupcake, it's hard work, but it's completely worth it."



Tony Tremblay at the Canadian International Marathon, Toronto, October 2002