

You will do a lot of reading in university. A LOT.
When it comes to a source of test questions, assigned readings rank No. 2 behind lecture notes.

Whether chapters in your textbook, articles, books, etc., your lecturer will expect you to connect the reading material to the class notes and to participate in class discussions.

But...
We get tired, we have a million other things to do, and sometimes... textbook chapters can be so long and with such tiny words.

And never mind all the times we've been "reading" only to realize thirty minutes have passed and not a single word has been understood.

It's okay, we've all been there.
When it comes to university reading, you want to learn how to read efficiently and effectively and the great news is... you can!

However, like all skills, it takes time and practice. Don't be hard on yourself if you find it difficult at first.

