



## **Coronavirus COVID 19 Update #2**

With students, faculty and staff returning from Reading Week, we wanted to update you on our preparations with respect to the COVID-19 situation.

National and provincial health authorities have assessed the public health risk as low in Canada and New Brunswick, and they will continue to reassess as information emerges. We are monitoring developments closely and are coordinating our work with colleagues at UNB and NBCC to respond to any risk to our university communities.

If you are sick with a cold or flu, we would advise that you stay home to avoid spreading any illness to others. If you are missing significant class time, please contact the registraroffice@stu.ca

The following information on COVID-19 is taken from the GNB Coronavirus website (see link below).

### **Protect Yourself / Protect Others**

- Wash your hands often with soap and water for at least 20 seconds
- Avoid touching your eyes, nose or mouth with unwashed hands
- Avoid close contact with people who are sick
- When coughing or sneezing cover your mouth and nose with your arms or tissue, and wash your hands and dispose of any tissues you have used into the garbage
- Stay home if you are sick to avoid spreading illness to others

### **Symptoms Include**

- Fever, cough, difficulty breathing

### **International Travel**

- If you have been travelling abroad, you will have received information from Public Health Canada. As a reminder, Public Health asks that you monitor your health for fever, cough and difficulty breathing and avoid places where you cannot easily separate yourself from others if you become ill.
- If you have travelled to Hubei Province, China or Iran in the last 14 days, limit your contact with others for 14 days from the date that you left. This means self-isolate and stay at home. You must also contact Public Health by dialing TeleCare 8-1-1 (for New Brunswick) within 24 hours of arriving in Canada. It is also recommended that you monitor yourself daily for symptoms like fever or cough and update Public Health should symptoms appear.

### **Feeling Sick / Have Concerns**

- Call TELE-CARE 8-1-1 before you present yourself at your Physician's Office or an Emergency Room.

For the latest information visit: [www.gnb.ca/coronavirus](http://www.gnb.ca/coronavirus). I am also attaching a Public Health Advice Poster from the Government of New Brunswick. We will update you as circumstances warrant.

Lily Fraser,  
Vice-President (Finance and Administration)  
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