

Financial Support Services

Professional advice that makes sense

Credit card balances out of control?

Concerned about paying for your child's education?

Living from pay cheque to pay cheque?

Financial concerns may leave you feeling stressed and, at times, powerless to change your situation. Take the pressure off and take control of your future with advice from your Employee Assistance Program (EAP).

What's the connection to Financial Support Services?

Your EAP offers a complete approach. Professionals will help you address the personal and family-related concerns that are associated with financial issues. They can also put you in touch with skilled financial advisors to help you take action and address your specific financial issue.

How can the service help?

Your EAP will help you gain valuable insight and information to face your financial challenges. Financial consultation services cover issues such as:

- Credit/debt management
- Budgeting
- Bankruptcy
- Financial aspects of separation/divorce
- Financial emergencies
- Early retirement
- Employment Transitions
- Real Estate



Financial consultation is available Monday to Friday during normal business hours. Consultations are free and strictly confidential. Should you need more extensive services, such as personalized financial planning, your EAP will provide you with referral information that you can use to find a professional best suited to address your specific needs. Fees for services provided by other referred professionals are your responsibility.

Make sense of your financial future by calling your EAP:

1 800 387-4765 TTY Service: 1 877 338-0275

Or, for online information and resources, log on to www.workhealthlife.com

Confidential Financial Support Services are available to you and your family members as part of your EAP. There is no cost to use the service.