



St. Thomas University

RESIDENCE LIFE

2023-2024 Move-In Guide

WELCOME TO RESIDENCE!!

You are about to embark on an amazing adventure. While living in residence you will make lasting connections with new friends, develop a network of peers going through the same things, and receive support and guidance from our exceptional staff. This guide is a resource for you (and your family) as you prepare to move into residence. We cannot wait to meet you and welcome you to your new home!

Brock Richardson
Director, Student Services and Residence Life

IMPORTANT THINGS TO REMEMBER BEFORE YOU ARRIVE:

Read and complete any necessary paperwork before you arrive!

- ✓ Residence Agreement
 - All students must complete the on-line agreement [HERE](#) prior to moving into residence.
- ✓ STU UCard
 - If you do not have a UCard, upload your photo [HERE](#) to have it available for move-in day.
- ✓ Renters Insurance
 - All students are strongly encouraged to get renter's insurance, as the university is not responsible for the loss or damage of personal items.
- ✓ Storage
 - Limited storage is available to residents. Students are encouraged to leave items at home until they are required. If that is not possible, students may store extra items in their residence's limited storage. Items must be clearly marked in storage containers or suitcases.

MOVE-IN DAY - September 1, 2023

Holy Cross House: between 10:00 am and 4:00 pm

Harrington Hall: between 10:00 am and 4:00 pm

Vanier Hall: between 11:00 am and 4:00 pm

For residents who are unable to move in between the above hours, please complete the [eRezlife](#) form "Early or late Arrival to Residence".

How to get here:

Please use this address in your GPS or provide to your taxi driver:

- Harrington Hall and Vanier Hall:
 - 63 Dineen Drive, Fredericton NB (Main parking lot on campus)
- Holy Cross House:
 - 845 Montgomery Street, Fredericton NB (corner of Windsor and Montgomery Streets)

Check-in

- At each move-in station, there will be a member of our team directing traffic. They will guide you to the appropriate next steps!

- Directional signage will be placed around the parking lots by Holy Cross and Vanier/Harrington. This will help with traffic flow and will clearly define the unloading zone.
- Once your vehicle is unloaded, please move it to the designated parking area (maximum time 30 minutes. See campus map for parking areas.

St. Thomas University

Fredericton, New Brunswick

1. Holy Cross House

Chapel
Classrooms
Residence
Faculty Offices

2. Vanier Hall

Residence

3. George Martin Hall

Campus Ministry
Classrooms
Dining Room
Financial Services
Registrar's Office
Student Services & Residence Life

4. Harrington Hall

Residence

5. Sir James Dunn Hall

Black Box Theatre
Cafeteria
Classrooms
Information Technology Services
Student Help Centre
Study Lounges

6. Edmund Casey Hall

Classrooms
Faculty Offices
Ted Daigle Auditorium
University Services Office

7. J. B. O'Keefe Fitness Centre

Athletics Department
Fitness Facilities

8. Brian Mulroney Hall

Classrooms
Faculty Offices

9. Welcome Centre

Admissions

10. Margaret Norrie McCain Hall

Human Resources
President's Office
Media Relations and Communications
University Advancement
Vice-President (Academic)
Vice-President (Finance/Admin.)

11. Multi-Purpose Court

12. Student Union Building

Students' Union

13. Harriet Irving Library

14. University Bookstore/Bank of Montreal

15. Rigby Hall/Forest Hill

Residence
Banquet/Meeting Rooms/Dining Room

16. Chatham Hall

Residence



Your residence will have:

- ✓ Restroom facilities in each wing
- ✓ Community lounges on each floor
- ✓ Kitchen facilities
- ✓ Laundry facilities
- ✓ Each room will contain:
 - Extra-long twin bed (bunkbeds/bunk able beds are available in some double rooms)
 - Desk, chair, and wardrobe for each resident
 - High Speed Internet
 - 2.6 cubic foot Mini-Fridge (one per room)

You will need to bring:

- ✓ Government issued photo ID.
- ✓ Sheets (extra-long twin)
- ✓ Blankets, pillow
- ✓ Towels
- ✓ Laundry detergent (if you use HE (high efficiency) laundry detergent in the tub style laundry machines, you must use a little more...for front loading machines, you can use the recommended amount)
- ✓ Personal toiletries, medications, shower caddy
- ✓ Clothes hangers
- ✓ Clothing and footwear for different seasons (winter, spring, summer, and fall)

Optional items you may want to bring but not required.

- Small coffee maker
- Television: If you do not have a TV, every residence has a lounge with a TV
- Alarm clock
- Pack items that will decorate your space and remind you of home.
- Small Fan

You may NOT bring:

- ✗ Candles, incense, wax burners, or anything with an open flame
- ✗ Small cooking appliances (Including but not limited to appliances with open elements, hot plates, pressure cookers, toaster/toaster oven, air fryers, crock pots, rice cookers, etc.)
- ✗ Large alcohol containers/drinking games (Kegs, Texas Mickeys, funnels, drinking game tables etc.)
Welcome Week will be an alcohol-free week in residence and on campus (September 1 –10, 2023)
- ✗ Pets
- ✗ Weapons/Explosives or any illegal substance

Please refer to the Residence Guide for a comprehensive list of items prohibited in residence.

Contact the Residence Life Team if you are unsure of what to bring or have any other residence-related questions.

Room changes

Room changes are not made during the first three weeks of a term. After this period, room changes may be requested. For additional instructions please refer to the Residence Guide.

FOR STUDENTS

Welcome to your home for the 2023-2024 Academic year! We are so happy to have you join us and we are committed to you having a positive residence experience full of growth and learning!

Residence Life Staff

There are different student leaders that live in your building that will provide resources, support and events throughout the academic year. There are Residence Coordinators (RC) in each building, Residence Advisors (RAs) for each wing and House Committee (HC) members that live in each building. Residence Supervisors are full-time university staff in charge of fostering a positive living environment and promoting academic and personal development for you and your fellow residents.

Welcome Week 2023 (September 1-10, 2023)

Welcome Week planning is currently underway, and there will be lots of games, and activities for 1st year students. The Welcome Week Coordinator and Welcome Week Chair are also planning events to welcome back students who may not have been on campus last year! Keep checking your STU email for additional information on Welcome Week as we get closer.

Your UCard -> WHAT IS IT?

Your UCard is more than just your STUdent ID! Your UCard gives you access to your meal plan, Student Health Services, library services, secure areas, gym facilities, printing, entrance to events, discounts and more! Details on picking up your UCard will be sent to your STU email. Please check your email often for important updates. In the meantime, we encourage you to upload your photo to your earliest convenience, by visiting [Student ID \(UCard\)](#)

With your UCard you are eligible for local business discounts. Sobeys and Victory Meat Mart (Grocery Stores), Cinemax (Movie Theatre) etc., provide discounts with student ID.

Dining Services & Your Meal Plan

St. Thomas University offers 3 different types of [meal plans](#) to choose from.

- **10 meal-plan:** the basic, offering 10 meals per week with *\$300 Flex Dollars.
- **14 meal-plan:** controlling your budget, offering 14 meals per week with *\$250 Flex Dollars.
- **Freedom plan:** value and maximum flexibility, offering unlimited trips to the dining hall, and includes *\$100 Flex Dollars.

**Flex dollars expire at the end of the academic year and have no cash value.*

Hours are subject to change.

If you have special dietary requirements or restrictions, please contact Food Services directly at (506) 460-0310 or email our Executive Chef greer-michael@aramark.ca.

HotSpot Bus Service

All STU students are able to use the [HotSpot](#) app to claim their virtual Transit Pass usable for all Fredericton Transit Services. This service is provided in partnership with STUSU and Fredericton Transit on behalf of St. Thomas University.

Clubs and Societies

[Clubs and Societies](#) are groups of students who are interested in talking about or taking action on a particular issue. They are groups formed outside of classes and open to all members of the STU community, with some clubs welcoming students from UNB and the greater Fredericton area.

Mental Health

There are a variety of mental health resources and services available to you as a STU student. Please visit [Mental Health](#) for more information on resources.

Do I need a parking pass:

Yes! If you live in Harrington Hall, Holy Cross House, Vanier Hall, or Windsor Street residences and have a car, you will need to purchase a parking pass starting no later than September 15, 2023. Please fill out your vehicle information in the residence profile section of the eRezLife portal.

Permits are required to park your vehicle on STU campus from 8:00 am to 4:30 pm, Monday to Friday. Please visit the [Campus Security Office](#) in person (767 Kings College Road) to purchase your parking pass. September to April student parking pass is \$142.00. Pass holders will be notified by email throughout the year of parking lot closures and requests to move vehicles due to inclement weather conditions/required snow plowing.

FOR SUPPORTERS

We understand that support circles look different for everyone- whether you are a parent, guardian, sibling, friend, or loved one of a student entering the St. Thomas University Residence community, know that you still play an important part in their education and growth! To learn more about the services your St. Thomas University student will be able to access, please visit: www.stu.ca/students

Keeping in touch:

- It is important to have a discussion with your student(s) prior to move-in day to decide on the best ways to communicate with one another and expectations around frequency of communication. For some, it is daily phone calls, while others opt for a family group chat, or video chat once a week. We recommend a routine of regular, consistent contact with your loved one in residence to check-in on their well-being.
- Want to send your student mail? If you want to send your student a card, hand-written letter, or care package, please use this address:

Student's Full name

Name of Residence Building and Room Number

St. Thomas University

51 Dineen Dr.

Fredericton, New Brunswick E3B 5G3

Inquiries and Confidentiality

We encourage you to discuss any questions or concerns you have regarding your student with your student first. The Residence Life Office is bound by the Right to Information and Protection of Privacy Act (RTIPPA) and cannot release any information or discuss a student with a parent and/or guardian without the written permission of the student. The Residence Life Office will not contact or discuss with a parent/guardian a student's conduct status, lifestyle choices and/or roommate situation. All communication from our office will be directly with students and important updates will be sent to their STU email address.

What we can do:

- ✓ Provide general information regarding campus services and resources.
- ✓ Contact and support a student if there is concern about their wellness or safety.
- ✓ Contact the provided emergency contact if an emergency occurs

What we CANNOT do:

- ✗ Release personal information of a student (room number, residence building, contact information)
- ✗ Release roommate information
- ✗ Respond to inquiries regarding location/activities of a student

If you have any questions or concerns, please do not hesitate to contact our office.

George Martin Hall, room 303 Monday – Friday 8:30 am – 4:30 pm

residencelife@stu.ca 506-452-0578